

# PIMA NEIGHBORHOOD ENCAMPMENT SEPTEMBER 26-28, 2014

## "SURVIVOR"

Willow Springs Program Center

Questions or concerns, please contact: Lee Kline, [lee@reality.com](mailto:lee@reality.com) 602-770-8158 (cell) E-mail is best!

### GENERAL INFORMATION

#### ***Directions:***

The trip to Willow Springs will take about 2 hours from North Scottsdale. Maps will be distributed with your unit assignments. General directions: Take Loop 101 north and west to I-17. Exit right onto I-17 and travel north to Cordes Junction, the junction of Route 69 and I-17. Exit I-17 onto Route 69 and travel west to Prescott. Travel through Prescott on Gurley Road, through town. The road curves, but stay on the main road. The road will eventually pass the Thumb Butte picnic area and become a dirt road. Stay on the road; keep following the main road until you see a large rock that says "Willow Springs." Turn right and follow the road down into camp. The camp address is: Willow Springs Program Center, 3990 W Thumb Butte Rd, Prescott AZ 86305-8200.

You may come to camp ONLY if.....

- You and other adults have the required training. At least one adult must have TCC 1 & 2 and one adult must have first aid training (TCC = troop camp certification).
- Please note: Smoking is not allowed at camp. Make sure all adults know this and will abide by this rule!
- Your troop meets the required adult to girl ratios as noted in Safety-Wise:
  - 2 adults per 12 Brownies, plus 1 for each additional 6 girls
  - 2 adults per 16 Juniors, plus 1 per additional 8 girls
  - 2 adults per 20 Cadettes, plus 1 per additional 10 girls.
- You bring a completed health form for each adult and girl. Each girl and adult must be registered.

If you fail to meet any requirement, please let the camp committee know ahead of time.

#### ***Phone Numbers:***

Willow: The camp phone number is 928-778-5127; camp phones are located at the Alice Marshall Lodge, the Big House, and the Infirmary. Long distance calls may only be made collect or with a calling card and they must all be logged on the phone log next to the phone. The camp manager's phone number is 928-445-7532. These numbers are for emergency use only. Cell phone reception at camp is unreliable, but getting better—service depends on your carrier. The best place to get reception, is up at the water tower (top of the hill, right inside camp).

#### ***Lodging:***

Willow Springs has a combination of dorms, indoor cabins, platform tent units and a tent camping site. Cabin units have bunks/beds and mattresses. The tent camping site has no tents or platforms, so you will have to bring your own equipment. As the weather may be nippy at night, please make sure the girls bring warm sleeping bags. All units have flush toilets except the tent camping site, which has a latrine.

Men and boys will be housed in units separate from the girls.

## **Drivers and Cars:**

Gates open at 7 am. and close at 10 pm. The speed limit is 5 mph. You may drive your car to your site to unload. All cars must be parked in the designated parking lot--no cars may remain at the camp site. Please back your car into the parking space. You may lock your car, but you must keep your keys with you at all times.

\*\*\*\*\* Parking is limited. Please bring as few cars to camp as possible!!!!\*\*\*\*\*

## **General Camp Rules:**

- ⤴ We must conserve water. No showers, please.
- ⤴ Each person attending camp must bring a flashlight and whistle.
- ⤴ Phones may be used for emergencies only.
- ⤴ No food is allowed in tents or cabins. Keep troop food in sturdy animal proof containers.
- ⤴ Ice is available in the lodge.
- ⤴ Quiet hours begin at 10:00 P.M.

## **Information to Share with Chaperones:**

- ⤴ **The following are strictly forbidden: alcoholic beverages, chewing gum, firearms, fireworks, pets, mechanized bikes, and buggies. If you need to ask whether it is allowed, it probably isn't.**
- ⤴ Smoking is not permitted anywhere on camp grounds or anywhere there are girls.
- ⤴ Chaperones are coming to camp to help. If you are bringing many chaperones, they will be assigned to an all camp kaper.
- ⤴ Attitudes are contagious! Please do not bring any adult helpers that will spread a negative attitude to the girls. It is important that you speak to your adults beforehand to let them know what you expect of them during the weekend. We are not camping in the Hilton, but this will be a fun weekend--but only if we all come prepared with lots of smiles!

## **Program**

The theme for camp this year is "World of the Outdoors." The program will consist of an activity wide game which meets most of the requirements of the Brownie First Aid and Junior Camper badges, as well as some fun activities. There is no program planned in the afternoon on Saturday. There is a packet available for Brownies which will complete the Senses and Hiker badges, and a scavenger hunt is also available. In case of poor weather, please be prepared with some indoor activities.

There will be an evening campfire program on Saturday night. Feel free to bring your s'mores to the campfire to cook after (or during) singing. (We will have to take turns at this, though, so please be patient—you may want to do the s'mores at your own campfire afterward.) Please have your troop prepare a song to teach or to sing.

## **Meals**

**Friday Dinner:** Please bring sack lunches or stop on the way for dinner.

**Saturday Breakfast:** Provided in the Lodge.

**Saturday Lunch:** Each troop will cook their own lunch. Make sandwiches and take them on a hike?

**Saturday Dinner:** Provided in the Lodge.

**Sunday Breakfast:** Provided in the Lodge.

**Snacks and S'mores:** Please bring snacks for your girls if you think they will need them.

**Kapers:** Will be assigned for lodge setup, serving, and cleanup.

To prevent dehydration (see "About Altitude Sickness" below), please drink a glass of water before each meal.

## ***Cooking by Fire:***

All cooking by fire must be done in a fire circle. All sites have fire circles.

- ⤴ You must follow all regulations regarding fire building found in Safety-Wise.
- ⤴ When finished, make sure the fire is dead out, and leave all ashes and any partially burnt wood in the fire ring. Please try to burn all wood as completely as possible, so you can the fire circles in a nice condition. At the end of camp, rake the fire circle, pick up any trash, and organize the woodpile for the next group.
- ⤴ Rakes, shovels, and buckets are provided at camp. Other cookware (such as dutch ovens, skillets, grills, etc.) may be available if you ask ahead of time.
- ⤴ If you are sharing a unit with another troop, please coordinate the use of the fire circle.

## **Health and Safety**

### ***About Altitude Sickness...***

Altitude sickness, caused by dehydration, is very common to visitors in higher altitudes. The most important thing to remember this weekend is to DRINK LOTS OF WATER!!! You are at a much higher altitude than in Scottsdale. This change in altitude, combined with a warm, arid climate, and your high activity level, can cause dehydration which, in turn, can cause altitude sickness. Ask each of your girls to bring a bottle filled with water and to drink the water on the way to camp. Continuously refill the bottle with water and drink throughout the weekend. (Juice, pop, coffee, and tea do not count.) Children and adults are susceptible to altitude sickness and it will spoil your weekend if you or one of the girls becomes ill. Besides, our camp first aider wants to be bored this weekend.

### ***First Aid:***

We will have a camp first aider at camp during the weekend.. S/he will have a walkie-talkie at all times.

### ***Hantavirus Information:***

We are camping and there are animals who live in the woods, including mice. They lived there before we came and we should respect them. No matter how diligent a camp manager is, some wayward mouse may find his way into one of the buildings and make a nest--especially in those buildings that have not been occupied all winter. If you find a nest or rodent droppings, an adult should spray them with a Lysol or a light solution of bleach (one part bleach to nine parts water) until they are thoroughly damp, then dispose of it in the trash. Do not sweep before wetting it, as this will stir up dust. Wash your hands thoroughly afterward. Children should not be involved in cleaning up nests or droppings. Please be aware that hantavirus is extremely rare in the area and the likelihood is slim that any of the animals at camp have it, so don't panic, just be careful.

### ***Trash:***

Each troop is responsible for cleanup of their own trash, cabin, and surrounding areas. Haul trash containing food to the dumpsters immediately after meal preparation, or you may be visited by some of the more interesting wildlife at night! (Remember the javelinas...)

### ***Scouts Own:***

We encourage all troops to hold or attend a Scouts Own on Sunday.

## SWAPS GUIDELINES

*"special whatchamacallits affectionately pinned somewhere"*  
*"share with a pal"*

Troops attending encampment weekend will be encouraged to swap with other troops. The purpose of swapping is for girls to meet other girls from other troops and make new friends. Troops make small, decorative items that must pin, stick, or otherwise attach to clothing or hats.

Make at least 5-10 swaps per camper. Write your troop number on the back. More swaps = more swapping. :)

Suggestion: Attach items to a ribbon and pin the ribbon onto the girl. If girls have a camp name, their swap could be related to their camp name. If they keep their swaps in a baggie, make sure the baggies have names / troop numbers on them.

Girls may make many swaps that are the same, or they may all be different.

Girls may start swapping their pins on Saturday at the Wide Game and continue throughout the weekend.

Imagination rules! The swaps may be related to camping, or related to our encampment theme. They can be personalized with their name and/or encampment date, and/or troop number. They can be created from simple materials such as cardboard that has been painted or jeweled, felt, pipe cleaners, leather, feathers or made of shrink plastic, pompoms, modeling clay, etc. The idea is to have a memento that the girls can look back on to remember this encampment and the girls they swapped with!!

SWAPPING RULES: Swapping will start at the Wide Game on Saturday and continue throughout the weekend. Please suggest that your girls not swap all their swaps right away! Girls may choose to swap or not swap with other girls. Girls may also swap those swaps that they have already received, if they care to. However, please instruct them to treat each other with polite behavior. It is okay to say, "No thank you" -- but not okay to say, "No, I won't swap with you, your swap is ugly." Please instruct your girls to treat each other with courtesy and to be a Sister to every other Girl Scout.

If you have any questions, please contact a member of the Encampment Committee.

# ENCAMPMENT EQUIPMENT LIST

Pack in waterproof duffel bag or carry bag (no suitcases)

## Sleeping equipment

- Sleeping bag
- Air mattress or foam pad (only necessary if tent camping)
- Small pillow
- Stuff sack for sleeping bag or rope to tie sleeping bag together
- Pajamas or two-piece sweat suit to sleep in
- Special blanket or stuffed animal

## Three changes of clothing

- Shirts (3)
- Long pants (1-2 pairs, with belt loops, if possible)
- Shorts (2 pairs)
- Underwear and Socks (3 of each)
- Closed-toe Shoes – No sandals or open-toed shoes!!!

## Weather-related clothing

- Rain poncho or raincoat (yes, it could rain!)
- Sweatshirt or light jacket —dress in layers
- Hat that covers the top of your head (to wear and to hold swaps)
- Sunglasses (optional)

## Toiletries

- Toothbrush and toothpaste
- Washcloth -- in a small ziploc bag (this helps us avoid using so many paper towels!)
- Soap -- in container or ziploc bag (scent-free! to avoid attracting insects)
- Face towel
- Brush/comb and rubber bands for long hair
- Sunscreen
- Tissues, ChapStick, bug repellent (stick please, no sprays or lotion)

## For Leaders/Adults

- Comfortable camping chair
- Chocolate, caffeine, and your painkiller of choice

## Other Equipment

- Canteen or water bottle
- Whistle
- Mess kit, utensils, and dunk bag (or plate, plastic cup, utensils)
- Bandanna
- Backpack or hip pack to carry your things around in
- SWAPs and a hat / ribbon / ziploc bag to carry them in
- Flashlight with extra batteries
- Sit upon or camp chair
- Camera and film
- Card games or something fun to share during cabin time (optional)
- Pocket knife -- only if directed by troop leader
- Sack lunch or money for Friday night dinner and/or Saturday lunch

**No** food, gum, or candy! No aerosol cans or glass! No jewelery!

Avoid scented items--they attract biting insects!

Preferred: Leave all electronics at home—or at least leave them in the car.

Suggestions: Get several 2-gallon zip-lock bags. Pack one with toiletries; one for each set of clothing in separate bags; one for sleeping clothes; one for stuffed animal, hat, flashlight, extra batteries; one for eating equipment; and one for miscellaneous items. This keeps things waterproof and organized. If you can't find this size baggie, plastic grocery bags will do. Please put names on everything!

Let the girls pack so that they know where everything is!!!

# TROOP EQUIPMENT LIST

## Meals:

- Snacks and S'mores (or other campfire fixings) are not provided. Please bring them if you need them.
- If your troop is cooking out for any meals, make sure you bring the food and cooking supplies.

## General troop items:

- Troop First Aid Kit
- Lantern (lighting is available in some areas, but not others)
- Paper Towels
- Bleach
- Garbage bags
- Campfire equipment: (wood is plentiful; buckets, shovel and rake are in all sites)
  - Matches and fire starters
- Kaper Charts
- Materials for troop activities (reference books, craft materials, etc.)
- Tents if you are camping

## Cooking Equipment (if your troop is doing any cooking, here are some of the items you may need to bring):

- Food (or else it'll be a very long weekend)
- Ice chest and ice (more ice will be available in the dining hall)
- Utensils/plates or have girls bring mess kits
- Soap (for hands and for dishes) and hand washing assembly
- Charcoal
- Matches and fire starters
- Propane stove and fuel and extra fuel
- Pots, Skillets, Dutch Ovens, Griddles
- Buckets or dishpans for dish washing
- Sharp knives and cutting board
- Serving spoons/forks
- Pot holders
- Bowls (esp. serving bowls)
- Pitchers/Coolers for drinks
- Aluminum foil and zip-lock bags (always useful)
- Potato peelers
- Cheese grater
- Marshmallow toasters
- Tongs (useful for many things)
- Spatulas
- Can opener
- Salt, pepper, and other flavorings
- Sponges, pot scrubbers, dish towels

Rakes, shovels, and buckets are provided at camp. Bring your own charcoal for cooking or campfire. Wood is available and plentiful.

**Let the girls pack so that they know where everything is!!!**

## LEADER'S PREPARATION CHECKLIST

### ***Prior to Camp:***

- \_\_\_\_\_ Obtain completed health history forms on each person (including adults!).  
Permission to administer Tylenol must be listed.
- \_\_\_\_\_ Have health form (and permission slips if possible) for each girl. Adults must have health forms, too.  
THEY WILL BE SENT HOME IF THEY DON'T HAVE HEALTH FORMS WHEN THEY ARRIVE!
- \_\_\_\_\_ Plan troop activities according to your schedule
- \_\_\_\_\_ Assure that each person has their sack dinner or money for dinner for Friday night
- \_\_\_\_\_ Make arrangements to arrive at the scheduled check-in time (5:00-7:30 pm.)  
(This means you should be leaving town between 3:30 and 5:00 pm)
- \_\_\_\_\_ Bring this checklist with you
- \_\_\_\_\_ Bring map and schedule

### ***Upon Arrival:***

- \_\_\_\_\_ Check in at the Program Center. (If you arrive after 8:30pm, please check in in the Lodge.)
- \_\_\_\_\_ Turn in your packet of health forms/permission slips at check in  
(you'll receive them back when you leave)
- \_\_\_\_\_ Discuss with Camp First Aider any medicine or medical issues for your troop.
- \_\_\_\_\_ Check off all campers arriving with you on the roster sheet
- \_\_\_\_\_ Receive directions to parking area and campsite
- \_\_\_\_\_ Park vehicles according to instructions at check in. Back them in. Keep keys with you at all times.

### ***During Camp:***

- \_\_\_\_\_ Consult your schedule for direction
- \_\_\_\_\_ Have a great time!!!

### ***Departure:***

- \_\_\_\_\_ Fill out camp evaluation forms
- \_\_\_\_\_ Gather equipment together
- \_\_\_\_\_ Perform site kapers
- \_\_\_\_\_ Have your site inspected (not before 10:00 A.M.).  
Request your check-out time from an Encampment Committee Member.  
After you are checked by the Checkout committee, you may proceed to the dining hall for final checkout.
- \_\_\_\_\_ Turn your check out coupon in to the site staff and get your health forms.

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## "SURVIVOR"

### SCHEDULE

#### **Friday, September 26**

5:00 - 7:30 pm	Arrive at camp and check in. Set up camp and settle in. Eat sack dinner (or eat on the way).
7:30 - 9:00 pm	Your own troop's program (campfire, snack?).
8:00 - 8:30 pm	Cadettes/Seniors/Ambassadors: Camp Talk in the Lodge.
8:30 - 9:00 pm	Mandatory leaders meeting in the Lodge. <u>An adult must remain with your troop!</u>
10:00 pm	All lights out

#### **Saturday, September 27**

7:30am	Breakfast *
9:15 - 9:30 am	All camp flag ceremony ***
9:30 - 12:00 pm	Wide Game
12:00 - 1:00 pm	Lunch *
1:00 - 4:00 pm	Open program for all
4:00 - 5:00 pm	HOT** (hour of tranquility)
5:15 - 5:30 pm	All camp flag ceremony ***
5:30pm	Dinner *
7:30 pm	Campfire and your own troop's program
10:00 pm	All lights out

#### **Sunday, September 28**

7:30am	Breakfast *
9:00- 9:15 am	All camp flag ceremony***
9:30- 9:45 am	Your own troop's Scouts Own Evaluation Clean up and perform camp kapers. Have your camp site inspected before you leave.
10:00 am- 12:00 pm	Checkout and depart. No units will be checked before 10:00am. Pick up health forms at the dining hall as you leave.

Meal Time: \* Please drink one glass of water before eating each meal!

Suggestion: \*\* For free time, schedule HOT - Hour of Tranquility. Allow the girls to just hang out in their cabins relaxing for an hour. Then, begin dinner preparation at 5:00 pm.

Fires: \*\*\* If you have started a cooking fire or stove before flag ceremony, be sure to have an adult stay in camp with the fire while you and the girls attend the flag ceremony.



# GLOSSARY OF TERMS

(Helpful for New Campers!)

**Dunk bag:** A netted or mesh bag used for the final stage of dish washing procedures when cooking outdoors.

**Mandatory Leaders Meeting:** A meeting that will cover critical information. The camp manager will discuss fire drills, etc. The camp staff will present any necessary details.

**Kaper:** A camp chore, such as trash pickup, cleaning the bathrooms, or helping serve or clean up from meals. Each troop will be assigned one or more camp kaper. Extra chaperones may be assigned kapers such as kitchen duty. Each troop will also be responsible for kapers in their own sleeping area. Many troops use a kaper chart to divide up the jobs for cooking out and other troop activities.

**Meal Setup/Grace:** A kitchen kaper that may be assigned to your troop. The duties include:

- ⤴ Arrive at the lodge 15 minutes before meal time
- ⤴ Set up tables (if needed)
- ⤴ Choose and lead grace

**Hopper:** A kitchen kaper that may be assigned to your troop. You will be bringing hot food from the kitchen to the table.

**Grounds Patrol:** Another kaper. Patrol the area for any trash or lost items. Have the girls look very carefully for small pieces of trash!

**Scout's Own:** A reverent but not religious ceremony where scouts silently reflect on a chosen theme or idea. These are usually girl-planned ceremonies. Ahead of time, the girls who are planning the ceremony choose a theme (friendship, nature, patriotism, and the Girl Scout law are a few choices), then they choose poems and quiet songs that fit the theme. They then lead the participants to a nice quiet place (everyone is quiet unless they are singing or participating) and share their program. Usually the participants will pass under a Quiet Bridge (two girls raising arms to make an archway), and after they pass through the Quiet Bridge nobody speaks until they pass back through the Quiet Bridge after the ceremony, unless they are participating in the ceremony. Sometimes there are moments of sharing (for instance, go around the group and offer what a friend means to you), and sometimes there are moments of silence, listening to the wind whisper through the trees. Scouts Owns are quite inspirational, a nice quiet time to reflect upon the weekend and your experiences.

**SWAPS:** A fun sharing experience for anyone attending camp. Girls exchange small handmade trinkets that will serve as a memento from camp.

**Site Inspection:** Inspection of each unit by a camp staff member or the site director prior to leaving camp to make sure everything is clean. This will take place Sunday morning. The camp committee can answer any questions about inspections. Please, no inspections prior to 10:00 A.M.

**Sit-Up:** Any waterproof pad that is suitable for sitting upon during the program or campfire. The Brownie handbook has instructions for making sit-upons. Be creative!

**Wide Game:** A large program where girls are broken into smaller groups which travel from station to station in some organized fashion, each group attending each station once and each station taking roughly the same amount of time. A Wide Game generally has an overall theme. Adults or older girls will lead groups at each station and some will travel with the groups from station to station. Sometimes there are puzzles to solve, such as how to find the next station.