

PIMA NEIGHBORHOOD ENCAMPMENT

April 8-10, 2011

"Spring Fling"

Camp Maripai

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Questions or concerns, please contact:

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GENERAL INFORMATION

Directions:

The trip to Camp Maripai will take about 1.5-2.5 hours from North Scottsdale. Maps will be distributed with your unit assignments. General directions: Take Pima Road north to the Carefree Highway. Turn left and travel west to I-17. Turn right onto I-17 and travel north to Cordes Junction, the junction of Route 69 and I-17. Exit I-17 onto Route 69 and travel west to Prescott. Travel into Prescott on Gurley Road. In the middle of town, turn left onto the Senator Highway. Travel on the Senator Highway for approximately 7 miles, then turn right onto Maripai Road. The camp address is 201 E Maripai Road.

Phone Numbers:

Maripai: The camp manager's number is 928-445-6959. This number is for emergency use only. Cell phone reception at camp is unreliable. Depending on your service, you may be able to get reception in camp, or not.

Troop Camp Requirements:

You may come to camp ONLY if.....

- You and other adults have the required training. At least one adult must have outdoor training and one adult must have first aid training. Please note: Smoking is not allowed at camp. Make sure all adults know and will abide by this rule!
- You (and/or your outdoor-trained adult) have prepared your girls for their camping experience.
- Your troop meets the required adult to girl ratios as noted in Safety-Wise:
 - 2 adults per 12 Brownies, plus 1 for each additional 6 girls
 - 2 adults per 16 Juniors, plus 1 per additional 8 girls
 - 2 adults per 20 Cadettes, plus 1 per additional 10 girls
- You bring a completed health form for each adult and girl.
- You bring a signed permission slip for each girl.

If you fail to meet any requirement, please let the camp organizers know so that we may work out problems ahead of time.

Program:

The theme for camp this year is "Spring Fling." The program will consist of a wide game with skills and games reflecting on spring and outdoor fun. There is no program planned in the afternoon on Saturday. In case of poor weather, please be prepared with some indoor activities.

There will be an evening campfire program on Saturday night. Feel free to bring your s'mores to the campfire to cook after singing. (We will have to take turns at this, though, so please be patient.) Please have your troop prepare a song to teach or to sing. The camp staff will lead the campfire program.

Lodging:

Camp Maripai has a combination of cabin units and other buildings. All have bunks/beds and/or mattresses. All buildings are heated. As the weather may be nippy at night, please make sure the girls bring warm sleeping bags.

Men and boys will be housed in units separate from the girls.

Drivers and Cars:

Gates open at 7 am. and close at 10 pm. The speed limit is 5 mph. You may drive your car to your site to unload. One car per troop may remain in the camp site, and you must park any additional cars in the designated parking lot. All cars must be parked in the designated parking lot—no cars may remain at the camp site. Please back your car into the parking space. You may lock your car, but you must keep your keys with you at all times.

* Parking is limited. Please bring as few cars to camp as possible. *

Meals:

Friday Dinner:	Please bring sack lunches or stop on the way for dinner.
Saturday Breakfast:	Provided in the Lodge.
Saturday Lunch:	Each troop will cook their own lunch. Make sandwiches and take them on a hike?
Saturday Dinner:	Provided in the Lodge.
Sunday Breakfast:	Provided in the Lodge.
Snacks and S'mores:	Please bring snacks for your girls if you think they will need them.

Breakfast on Saturday and Sunday and Dinner on Saturday will be served in the lodge. To prevent dehydration (see "About Altitude Sickness" below), everyone should drink a lot of water--suggest that everyone drink a glass of water before each meal. Kapers will be assigned for lodge setup, serving, and cleanup.

Cooking by Fire:

All cooking by fire must be done in a fire circle. Some cabins do not have fire circles, so you will need to borrow another unit's fire circle or use the all-camp fire circle if you want to cook over fire.

You must follow all regulations regarding fire building found in Safety-Wise.

When finished, make sure the fire is dead out, and leave all ashes and any partially burnt wood in the fire ring. Please try to burn all wood as completely as possible, so we can leave the fire circles in a nice condition.

Rakes, shovels, and buckets are provided at camp.

If you are sharing a unit with another troop, please coordinate the use of the fire circle.

About Altitude Sickness...

Altitude sickness, caused by dehydration, is very common to visitors in higher altitudes. The most important thing to remember this weekend is to DRINK LOTS OF WATER!!! You are at a much higher altitude than in Scottsdale. This change in altitude, combined with a warm, arid climate, and your high activity level, can cause dehydration which, in turn, can cause altitude sickness. Ask each of your girls to bring a bottle filled with water and to drink the water on the way to camp. Continuously refill the bottle with water and drink throughout the weekend. (Juice, pop, coffee, and tea do not count.) Headache, nausea, and malaise are frequent symptoms of altitude sickness. Both children and adults are susceptible to altitude sickness and it will spoil your weekend if you or one of the girls becomes ill. Besides, our camp first aider wants to be bored this weekend.

First Aid:

We will have a camp first aider at camp during the weekend.. S/he will have a walkie-talkie at all times.

Hantavirus Information:

We are camping and there are animals who live in the woods, including mice. They lived there before we came and we should respect them. No matter how diligent a camp manager is, some wayward mouse may find his way into one of the buildings and make a nest—especially those buildings that have not been occupied all winter. If you find a nest or rodent droppings, just spray them with a Lysol or a light solution of bleach (one part bleach to nine parts water) until they are thoroughly damp, then dispose of it in the trash. Do not sweep before wetting it, as this will stir up dust. Wash your hands thoroughly afterwards. Please be aware that hantavirus is extremely rare in the area and the likelihood is slim that any of the animals at camp have it, so don't panic, just be careful. Please keep all doors closed at all times to prevent critters from coming inside.

Trash:

Each troop is responsible for cleanup of their own trash, cabin, and surrounding areas. Haul trash containing food to the dumpsters immediately after meal preparation, or you may be visited by some of the more interesting wildlife at night! (Remember the javelinas...)

Scouts Own:

We encourage all troops to hold or attend a Scouts Own on Sunday.

Information to Share with Chaperones:

- Men and boys will stay in a unit separate from the girls.
- The following are strictly forbidden: alcoholic beverages, chewing gum, firearms, fireworks, pets, motorized vehicles. If you need to ask whether it is allowed, it probably isn't.
- Smoking is not permitted anywhere on camp grounds or anywhere there are girls.
- Chaperones are coming to camp to help. If you are bringing many chaperones, they will be assigned to an all camp kaper.
- Attitudes are contagious! Please do not bring any adult helpers that will spread a negative attitude to the girls. It is important that you speak to your adults beforehand to let them know what you expect of them during the weekend. We are not camping in the Hilton, but this will be a fun weekend--but only if we all come prepared with lots of smiles!

Special Camp Rules and Information:

- We must conserve water. No showers, please.
- Each person attending camp must bring a flashlight and whistle.
- Camp phones may be used for emergencies only.
- No food will be allowed in tents or cabins. Keep troop food in sturdy animal proof containers.
- Ice is available in the lodge.
- Quiet hours begin at 10:00 P.M.

SWAP GUIDELINES

SWAPS: "Special Whatchamacallits Affectionately Pinned Somewhere" ?

Troops attending encampment weekend are encouraged to swap with other troops. Troops make small, decorative items that must pin, stick, or otherwise attach to clothing or hats.

Some troops choose to have each girl make the same swap, and some girls make every swap different. There is no right or wrong way to make a swap.

Make at least 5-10 swaps per camper. More swaps = more swapping. :)

Each swap should have your troop number on it. Many girls like to put their name on them. You can also put the year and camp, if you wish.

Suggestion: Each girl can have a swap hat and pin all her swaps to her hat. Or, attach items to a ribbon and pin the ribbon onto the girl. If girls have a camp name, their swap could be related to their camp name. If they keep their swaps in a baggie, make sure the baggies have names / troop numbers on them.

Girls may start swapping their pins on Saturday at the Wide Game and continue throughout the weekend. Encourage girls to introduce each other and talk while they swap. Swaps are all about making new friends!

Imagination rules: The swaps may be related to camping, or related to our encampment theme. They can be personalized with their name and/or encampment date, and/or troop number. They can be created from simple materials such as cardboard that has been painted or jeweled, felt, pipe cleaners, leather, feathers or made of shrinkydink, pompoms, modeling clay, etc. The idea is to have a memento that the girls can look back on to remember this encampment and the girls they swapped with!!

SWAPPING RULES: Swapping will start at the Wide Game on Saturday and continue throughout the weekend. Please suggest that your girls not swap all their swaps right away! Girls may choose to swap or not swap with other girls. Girls may also swap those swaps that they have already received, if they care to. However, please instruct them to treat each other with polite behavior. It is okay to say, "No thank you" but not okay to say, "No, I won't swap with you, your swap is ugly." Please instruct your girls to treat each other with courtesy and to be a Sister to every other Girl Scout.

EQUIPMENT LIST

- | | |
|--|---|
| <p>_____ Sleeping equipment</p> <p>_____ Waterproof duffel bag (yes, it could rain!!!)</p> <p>_____ Three changes of clothing</p> <p>_____ Weather-related clothing:</p> <p>_____ Toiletries</p> <p>_____ For Leaders/Adults</p> | <p>_____ Sleeping bag</p> <p>_____ Extra blanket (just to be sure)</p> <p>_____ Small pillow</p> <p>_____ Stuff sack for sleeping bag or rope to tie sleeping bag together</p> <p>_____ Pajamas / two piece sweat suit to sleep in</p> <p>_____ Special blanket or stuffed animal</p> <p>_____ Shirts (3) Encourage girls to dress in layers--it may be quite cold!</p> <p>_____ Long pants (1-2 pairs, with belt loops, if possible)</p> <p>_____ Underwear (3 pairs)</p> <p>_____ Socks (3-4 pairs)</p> <p>_____ Shoes</p> <p>_____ No sandals, jellies or open-toed shoes!!!</p> <p>_____ <u>Rain poncho</u></p> <p>_____ Jacket - warm and old!!</p> <p>_____ Hat (to wear and to hold swaps)</p> <p>_____ Gloves or mittens and a warm hat</p> <p>_____ Sunglasses (optional)</p> <p>_____ Toothbrush and toothpaste</p> <p>_____ Washcloth -- in a small ziploc bag</p> <p>_____ Soap -- in container or ziploc bag (scent-free! to avoid attracting insects)</p> <p>_____ Face towel</p> <p>_____ Brush/comb and rubber bands for long hair</p> <p>_____ Sunscreen</p> <p>_____ Tissues, ChapStick, bug repellent (stick please, no sprays or lotion)</p> <p>_____ Comfortable camping chair</p> <p>_____ Chocolate, caffeine, and your painkiller of choice</p> |
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|---|--|
| <p>_____ Canteen or water bottle</p> <p>_____ Whistle</p> <p>_____ Bandanna</p> <p>_____ Backpack or hip pack to carry your things around in</p> <p>_____ SWAPs and a hat / ribbon / ziploc bag to carry them in</p> <p>_____ Flashlight with extra batteries</p> <p>_____ Sit upon or camp chair</p> <p>_____ Camera and film/autograph book</p> <p>_____ Card games (optional)</p> <p>_____ Pocket knife -- only if directed by troop leader</p> <p>_____ Sack lunch or money for Friday night dinner</p> | |
|---|--|

No food, gum, or candy! No aerosol cans or glass! No jewelry!
 Avoid scented items--they attract biting insects!

Suggestions: Get six 2-gallon zip-lock bags. Pack 1 with toiletries; 3 for each set of clothing in separate bags; 1 for sleeping clothes; 1 for stuffed animal, hat, flashlight, extra batteries; 1 for eating equipment; and 1 for miscellaneous items. This keeps things waterproof and organized. If you can't find this size baggie, plastic grocery bags will do. Please put names on everything!

Let the girls pack so that they know where everything is!!!

TROOP EQUIPMENT LIST

Snacks and S'Mores:

_____ Snacks and S'mores (or other campfire fixings) are not provided. Please bring them if you need them.

Saturday Breakfast, Lunch, Dinner, and Sunday Breakfast:

_____ If your troop is cooking out for any meals, make sure you bring the food and cooking supplies.

General troop items:

- _____ Troop First Aid Kit
- _____ Lantern (lighting is available in some areas, but not others)
- _____ Paper Towels
- _____ Bleach
- _____ Garbage bags
- _____ Campfire equipment: (wood is plentiful at camp)
 - _____ Matches and fire starters
- _____ Materials for Kaper Charts
- _____ Materials for troop activities (reference books, craft materials, etc.)

Cooking Equipment (if your troop is doing any cooking, here are some of the items you may need to bring):

- _____ Food (or else it'll be a very long weekend)
- _____ Ice chest and ice (more ice will be available in the dining hall)
- _____ Utensils/plates – or have girls bring mess kits
- _____ Soap (for hands and for dishes) and hand washing assembly
- _____ Charcoal
- _____ Matches and fire starters
- _____ Propane stove and fuel and extra fuel
- _____ Pots, Skillets, Dutch Ovens, Griddles
- _____ Buckets or dishpans for dish washing
- _____ Sharp knives and cutting board
- _____ Serving spoons/forks
- _____ Pot holders
- _____ Bowls (esp. serving bowls)
- _____ Pitchers/Coolers for drinks
- _____ Aluminum foil and zip-lock bags (always useful)
- _____ Potato peelers
- _____ Cheese grater
- _____ Marshmallow toasters
- _____ Tongs (useful for many things)
- _____ Spatulas
- _____ Can opener
- _____ Salt, pepper, and other flavorings
- _____ Sponges, pot scrubbers, dish towels

Let the girls pack so that they know where everything is!!!

LEADER'S PREPARATION CHECKLIST

Prior to Camp:

- _____ Obtain completed health history forms on each person (including adults!).
Permission to administer Tylenol must be listed.
- _____ Have permission slips for each girl.
THEY WILL BE SENT HOME IF THEY DON'T HAVE PERMISSION SLIPS WHEN THEY ARRIVE!
- _____ Plan troop activities according to your schedule
- _____ Assure that each person has their sack dinner or money for dinner for Friday night
- _____ Make arrangements to arrive at the scheduled check-in time (5:00-7:30 pm.)
(This means you should be leaving town between 3:30 and 5:00 pm)
- _____ Bring this checklist with you
- _____ Bring map and schedule

Upon Arrival:

- _____ Go through the check-in procedure at the Program Center.
- _____ Turn in the health history forms and permission slips at check in
- _____ Discuss with Camp First Aider any medicine or medical issues for your troop.
- _____ Check off all campers arriving with you on the roster sheet
- _____ Receive directions to parking area and campsite
- _____ Park vehicles according to instructions at check in. Keep keys with you at all times.

During Camp:

- _____ Consult your schedule for direction
- _____ Have a great time!!!

Departure:

- _____ Fill out camp evaluation forms
- _____ Gather equipment together
- _____ Perform site kapers
- _____ Have your site inspected (not before 10:00 A.M.).
- _____ Request check-out time from an Encampment Committee Member.
After you are checked by the Checkout committee, you may proceed to the dining hall for final checkout.
- _____ Pick up your health history forms for the trip home.

Additional Troop Equipment:

Rakes, shovels, and buckets are provided at camp. Bring your own charcoal for cooking or campfire. Wood is plentiful.

No snacks are provided. If you think your girls will be hungry, please bring a snack for them.

PIMA NEIGHBORHOOD ENCAMPMENT

April 8-10, 2011

"Spring Fling"

Camp Maripai

SCHEDULE

Friday, April 8

5:00 - 7:30 pm	Arrive at camp and check in with Lee. Set up camp and settle in. Eat sack dinner (or eat on the way).
7:30 - 9:00 pm	Your own troop's program (campfire, snack?).
8:30 - 9:00 pm	Mandatory leaders' meeting in the dining hall. An adult must remain with your troop!
10:00 pm	All lights out

Saturday, April 9

7:30 - 8:30 am	Breakfast
9:15 - 9:30 am	All camp flag ceremony
9:30 - 12:00 am	"Princess and Frog" Wide Game
12:00 - 1:00 pm	Lunch
1:00 - 4:00 pm	Open program for all
4:00 - 5:00 pm	HOT** (hour of tranquility)
5:15 - 5:30 pm	All camp flag ceremony
5:30 - 6:30 pm	Dinner
7:45 - 9:00 pm	Campfire and your own troop's program
10:00 pm	All lights out

Sunday, April 10

7:30 - 9:00 am	Breakfast
9:15 - 9:30 am	All camp flag ceremony
9:45 am	Your own troop's Scouts Own / Evaluation Clean up and perform camp kapers. Unit must be inspected before you leave.
10:00 - 12:00 am	Checkout and depart. No units will be checked before 10:00am. Pick up health forms at the dining hall as you leave.

Meal Time: * Please drink one glass of water before eating each meal!

Suggestion: ** For free time, schedule HOT - Hour of Tranquility. Allow the girls to just "hang out" in their cabins and relax for an hour. Then, begin dinner preparation at 5:00 pm. Be sure to have an adult with the fire while you attend the flag ceremony.

GLOSSARY OF TERMS

(Helpful for New Campers!!!!)

Dunk bag

A netted or mesh bag used for the final stage of dish washing procedures when cooking outdoors.

Mandatory Leaders Meeting

A meeting that will cover critical information. The camp manager will discuss fire drills, etc. The camp staff will present any necessary details. This meeting will be held Saturday morning.

Kaper

A camp chore, such as trash pickup, cleaning the bathrooms, or helping serve or clean up from meals. Each troop will be assigned one or more camp kaper. Extra chaperones may be assigned kapers such as kitchen duty. Each troop will also be responsible for kapers in their own sleeping area. Many troops use a kaper chart to divide up the jobs for cooking out and other troop activities.

Hopper

A kitchen kaper that may be assigned to your troop. The duties may include:

1. Arrive at the lodge 1/2 hour before meal time
2. Set up tables (if needed)
3. Choose and lead grace
4. Serve the meal
5. Discard paper goods

Scout's Own

A reverent ceremony where scouts silently reflect on a chosen theme or idea. These are usually girl-planned ceremonies. Ahead of time, the girls who are planning the ceremony choose a theme (friendship, nature, patriotism, and the Girl Scout law are a few choices), then they choose poems and quiet songs that fit the theme. They then lead the participants to a nice quiet place (everyone is quiet unless they are singing or participating) and share their program. Usually the participants will pass under a "Quiet Bridge" (two girls raising arms to make an archway), and after they pass through the Quiet Bridge nobody speaks until they pass back through the Quiet Bridge after the ceremony, unless they are participating in the ceremony. Sometimes there are moments of sharing (for instance, go around the group and offer what a friend means to you), and sometimes there are moments of silence, listening to the wind whisper through the trees. Scouts Owns are quite inspirational, a nice quiet time to reflect upon the weekend and your experiences.

Scout Swap

A fun sharing experience for anyone attending camp. Girls exchange small handmade trinkets that will serve as a memento from camp.

Site Inspection

Inspection of each unit by a camp staff member or the site director prior to leaving camp to make sure everything is clean. This will take place Sunday morning. The camp committee can answer any questions about inspections. Please, no inspections prior to 10:00 A.M.

Sit-Upon

Any waterproof pad that is suitable for sitting upon during the program or campfire. The Brownie handbook has instructions for making sit-upons. Be creative!

Wide Game

A large program where girls are broken into smaller groups which travel from station to station in some organized fashion, each group attending each station once and each station taking roughly the same amount of time. A Wide Game generally has an overall theme. Adults or older girls will lead groups at each station and some will travel with the groups from station to station. Sometimes there are puzzles to solve, such as how to find the next station.